







Gigantes post-restoration.

## Uplifting our Community, Body and Mind

For many Indigenous communities, like many who reside in South County, the calendar year 2025, represents the year of the House (*Calli*) and resides in the West. It is a time of Return and Renewal and in the Azteca - Mexika culture, signifies a period of rejuvenation, healing, and strengthening connections within oneself, family, and community, recognizing that transformation begins within our sacred spaces.

#### **Honoring Elizabeth Carbajal**

In our inaugural grant cycle, we lovingly honor the remarkable Elizabeth Carbajal (11/08/1982 – 12/3/2024), a Gilroy woman who offered herself fully to our South County community with grace, strength, determination and yet humility. We realize Elizabeth's dream through this inaugural community grant cycle.

Elizabeth was a cherished daughter, sister, friend, artist, and resilient survivor who passionately championed inclusion, belonging, and the fair distribution of resources, ensuring those most in need had access. Through her community activism, she bravely pursued her own healing, deeply believing in our collective power to uplift communities and prevent violence through strong community cohesion, neighborhood activities and economic empowerment of women and youth.

# Applying to the South County Youth Task Force & SC HEALs! Community Wellness Mini Grants

The South County Youth Task Force (SCYTF) and the South County Health Equity for All Leadership Initiative (SC HEALs!), in collaboration with Valley Health Foundation (VHF), are offering community wellness mini-grants of \$500 up to \$5,000. These grants support community organizations and groups working to prevent violence, address health disparities and inequities and support local neighborhood safety in zip codes 95020, 95037, and 95046.

These funds are made possible through a grant from CACHI. We are a California Accountable Community for Health!

### **Application Information**

#### Application period opens April 21 and closes May 9th 2025.

Please complete the application in its entirety. For questions about the application or process, email us at <a href="mailto:schealswellnessfund@gmail.com">schealswellnessfund@gmail.com</a> (please allow 24 hours for a response), by Thursday, May 1st, at 5:00 PM.

We are also offering informational workshops led by the SCYTF team:

Zoom: Friday, April 25, 2025 @ 2:30pm - https://us06web.zoom.us/j/86973989787

Zoom: Wednesday, April 30, 2025 @ 5:30pm- https://us06web.zoom.us/j/84940797525

To be considered, please ensure you submit a complete application (minimum 6 pages) and submit a budget and W-9 Form by the deadline listed above.

# SC HEALs! Community Wellness Mini-Grants Guiding Criteria: What You Need to Know and Do

These criteria are designed to ensure that funded projects align with the missions of SCYTF and SC HEALS!, address community needs, and promote health equity and violence prevention in South County.

What We Look For	What You Need to Know and Do
1. Who Can Apply	

Where Your Project Helps	Your project must help people in these zip codes: 95020, 95037, or 95046.
What Kind of Group Are You	We want groups of people (like a club, team or community-based agency "CBO") to apply. Non-profits (501(c)3, schools, organizations with religious affiliations will be considered for funding, as long as the project for which you are seeking support addresses the needs of the wider community without regard to religious beliefs. Sorry, no single people. If your group is not formalized via a bank account, no problem. Please have a partnership with a fiscal sponsor who is a group or CBO and can be your fiscal agent as funding will be going to them.
Your Group's Goals	Your group's goals should be compatible with our goals: helping young people, stopping violence, and helping everyone be healthy, no matter where you live. Check out our website for more info: <a href="https://www.scyouththrive.org/">https://www.scyouththrive.org/</a> or the SC HEALs! main page: <a href="https://www.scyouththrive.org/heals">https://www.scyouththrive.org/heals</a>
Your Group's Ability	Show us you can do the project well. Tell us about your group, your money, and your past projects.
Who We Can Talk To	Give us the name and contact info of two people in your group we can ask questions to and is responsible for your application.
2. What Kind of Project	
What Your Project Focuses On	Your project must focus or work on one of these: helping to make residents healthy, creating more of an equal distribution of resources, preventing or stopping violence, or making neighborhoods safer. If you are using someone else's land or space, you must have written permission and be responsible and liable for all necessary permitting. ("I.e. "must get permission from owner of property before planting trees, creating mural, or making any permanent changes to sidewalk or buildings, etc."
Tell Us About Your Project	Write a one-page plan. Tell us what you want to do and how you will do it.
Working with Your Community	Show us how your project will involve people – young and elders - in your community.
How Your Project Helps	Tell us how many people your project will help. Tell us how your project will make your community safer and better.
Your Project's Schedule	Give us a list of dates and times for your project's events.
Who Else is Helping You	Tell us if other groups or people are helping you. Tell us what they are giving you (like money or supplies) and who is part of the support team.
Who is Running the Project	Give us the names and contact info of the people running the project.
How Many Events	Tell us how many events or activities you plan to do.

3. Your Budget (Money)	
•	Give us a detailed plan of how you will spend the grant money. Show us you will use the money wisely.
Spend Money	You can only spend the money on things that help your project, such as supplies, incentives, healthy foods, equipment, people working the project, etc. (Remember to keep your receipts!)
4. Matching Our Values	
Making Everyone Feel Welcome	Your project should help everyone feel invited, welcome and included.
Respecting Culture	Your project should respect the culture and nuances of your community.
Making a Lasting Change	Your project should make a positive change that lasts.
5. Your Application	
Turn in Everything	Make sure your application and budget is complete and turned in on time (6+ pgs).
Write Clearly	Write your application so it's easy to read and understand.
Follow the Rules	Make sure you follow all the agreements and instructions for the application.
6. Funding Exceptions	
Sorry, this is	Funding cannot be provided for: Big repairs or upgrades, money that doesn't cover any personnel or tangible costs, or fundraising events, previously planned or long-term campaigns, funding gaps due to organizational emergencies, such as office vandalism, resignation of an staff member, change in leases or sudden budget cuts.

We thank you for your interest in applying. Together, we heal to cultivate an inclusive, equitable, and prosperous future, honoring our cultural roots and forging a legacy of peace that will transform future generations to come. For us, by us.

Please Email with any questions: <u>SChealswellnessfund@gmail.com</u> Please give us up to 48 hours to get back to you! We also take weekends off. South County HEALs! extends our sincere gratitude to our CACHI funders, Accountable Community for Health elder sibling site, the San Jose PEACE Partnership, and the Latino Family Fund de Gilroy for their guidance, mentorship, and support. We recognize that working together as a community is essential to truly affect change and make a difference.

#### To learn more about them please visit their websites:

<u>California Accountable Communities for Health Initiative (CACHI)</u> **San Jose PEACE** <u>Wellness Fund – East San Jose PEACE Partnership</u> **Latino Family Fund** <u>Latino Family Fund</u>

